

## Publications

**The Whole Story: How Functional Medicine Can Improve Our Understanding of Chronic Diseases and Overall Health and Nutrient Needs**

**America's Pharmacist, October 2020 (publication pending)**

Accredited continuing education program for pharmacists and pharmacy technicians about how to become certified as a functional medicine practitioner and how to incorporate those holistic approaches into patient services in the community; features highlights of nutrient imbalances often addressed during functional medicine treatments.

[ASCO 2020 Educational Book \[editor/proofreader\]](#)

June 2020

Regular editor and query checker/proofreader for annual publication of peer-reviewed oncology meeting articles and PDF production.

[Nicotine Addiction and the Evolution of Tobacco Products: How Can Pharmacists Counter New Trends?](#)

**America's Pharmacist, April 2020**

Accredited continuing education program for pharmacists and pharmacy technicians about how to address increasing rates of nicotine use, including e-cigarette use in growing populations, and what treatment approaches are available to counter the trend.

[Dorlands Medical Dictionary \(33rd ed\) \[reviewer/editor/proofreader/layout\]](#)

December 2019

Main contributor to 33rd ed anatomy review, whole-dictionary entry edits, and PDF layout/proofing with online content-management system and Adobe markup.

[ASCO 2019 Educational Book \[editor/proofreader\]](#)

June 2019

Regular editor and query checker/proofreader for annual publication of peer-reviewed oncology meeting articles and PDF production.

[Salem Health Infectious Diseases & Conditions, 2nd edition](#)

**Greyhouse Publishing, April 2019**

Invited entry contributor: carbapenem-resistance Enterobacteriaceae (CRE), herpes zoster vaccines, penicillin allergy testing, transplant infections, aminoglycoside antibiotics

[Hydration Status As a Health Indicator in the Community Setting: How to identify, Counsel, and Treat At-Risk Patients](#)

**America's Pharmacist May 2019**

Accredited continuing education program for pharmacists and pharmacy technicians about how to assess hydration status in the community, particularly in high-risk populations, and what to use for fluid replacement and when.

\*Featured continuing education activity on NCPALearn and RiteAidCE, July 2019

[How to Protect Yourself From the Flu During Cancer Treatment](#)

**Cancer.net September 2018**

Patient-facing blog post, with references, social media links, and additional resources, about why people with cancer are at particular risk for infections like the flu, how the flu differs from a simple cold, and where to find vaccines.

[ASCO 2018 Educational Book \[editor/proofreader/layout\]](#)

June 2018

Regular editor and query checker/proofreader for annual publication of peer-reviewed oncology meeting articles and PDF production.

[Returning to Work After Cancer Treatment: Ways to Ease Your Transition](#)

**SPOHNC Newsletter March 2018**

Invited featured article for patients with oral and head & neck cancers to help them assess what they want and need from a career or vocation after their cancer treatments end.

#### [Dorlands Pocket Dictionary \(30th ed\) \[writer/editor/proofreader\]](#)

Elsevier 2018

Main contributor to whole-dictionary entry development, edits, and PDF layout/proofing with online content-management system and Adobe markup.

#### [Safer Sex After Open Heart Surgery](#)

HealthCentral March 2018

Patient-facing article about the physical and emotional barriers to resuming intimacy after open heart surgery, including practical advice about sternal safety and how to address concerns like fatigue and anxiety.

#### [Helping Patients Become Involved in Hypertension Care](#)

*America's Pharmacist* February 2018

ACPE-accredited continuing education program for pharmacists and pharmacy technicians in community settings that highlights proven-successful approaches to controlling blood pressure by including patients as a team member.

#### [Can You Spot a Heart Emergency?](#)

HealthCentral February 2018

Interview with Dr. Emmer Joyce of the Cleveland Clinic: Love Your Heart/Know Your Numbers initiative and survey results. SCAN: Four easy steps to take in a heart emergency.

#### [What Is Metabolic Syndrome, and Do I Have It?](#)

HealthCentral February 2018

Introduction to this vital sign of heart health.

\*Most popular on April 2018 sidebar

#### [Should Heart Patients Try a Detox or Cleanse Diet?](#)

HealthCentral January 2018

Patient-facing article about the nutrients heart patients need versus what they get—and the health dangers that can develop—on extreme diets.

#### [Caregiver Gifts: Creative Ways to Show Appreciation](#)

HealthCentral December 2017

Patient-facing article with ideas to support people who provide 24/7 care for others.

#### [Foodie Gifts for Heart Patients](#)

HealthCentral December 2017

Patient-facing article that suggests healthful and creative food-related gifts that aren't related to diet.

#### [Seeing Loved Ones After Open Heart Surgery](#)

HealthCentral November 2017

Patient-facing article for families and friends of heart patients that explains basic but sometimes surprising aspects of post-op care, such as pacing wires, drainage tubes, and multiple IV lines.

#### [Finding and Treating Hypertension in Kids](#)

HealthCentral November 2017

Patient-facing article about the surprising increase in hypertension in children in the United States and ways to prevent, identify, and treat it with medication or lifestyle changes.

#### [Why Do I Need an Electronic Health Record \(EHR\)?](#)

HealthCentral October 2017

Patient-facing article that explains what electronic records are, why they are important and useful for patients and providers, and how to adapt to using one or more portals as the field develops.

#### [Should I Start a Blood Pressure Log?](#)

HealthCentral October 2017

Patient-facing article that explains why blood pressure taken only at doctor's offices might not be sufficient, how to safely and correctly take your pressure at home, and options for keeping track of results on paper or online.

#### [Cancer, Bills, and Insurance: 4 Ways to Stay Organized](#)

Cancer.net October 2017

Patient-facing blog post, with references, social media links, and additional resources, about proactive ways to manage the large volume of paperwork, health records, and bills that come with a cancer diagnosis.

#### [Health Literacy: Improving Communication and Patient Understanding](#)

*America's Pharmacist* October 2017

ACPE-accredited continuing education program for pharmacists and pharmacy technicians to introduce the topic of patient health literacy as a sixth vital sign to community providers, explain the broad impact of poor literacy, and provide data-supported methods to identify and address the many barriers to understanding.

#### [It Angina? The Warning Signs of Silent Heart Disease](#)

HealthCentral October 2017

Patient-facing article to explain the sometimes confusing physical and emotional worries about chest pain: when it could be caused by heart disease, how angina feels compared with other types of pain, and when to see a doctor.

#### [Unspoken Rules of Heart-Healthy Eating](#)

HealthCentral September 2017

Patient-facing article about how food affects cardiac health, why salt and fat are main but confusing concerns, and easy ways to make small, healthful changes at home for each meal.

#### [How Do Electronic Medical Records Help Cancer Care?](#)

Cancer.net September 2017

Patient-facing blog post, with references, social media links, and additional resources, that explains the different types of electronic medical records, the reasons patients and providers use them, and how to securely access the information they contain.

#### [How to Travel With Heart Disease](#)

HealthCentral August 2017

Patient-facing article that identifies challenges of traveling with heart disease; provides tips about what to bring and how to manage anxiety with any type of travel; and compares options for traveling by car, train, or plane.

#### [What Is an ARNI?](#)

HealthCentral August 2017

Invited patient-facing article about a new cardiac medicine combination used to treat heart failure and its potential for patients with uncontrolled blood pressure.

#### [Fertility and Cancer: 5 Things to Think About \[editor\]](#)

Cancer.net August 2017

Style and plain-language edit of a sponsored patient-facing blog post, with unbiased references, social media links, and additional resources, for young patients with cancer who may need current or future fertility support.

#### [Hidden Risks of Diabetes: What Is Silent Heart Disease?](#)

HealthCentral July 2017

Patient-facing article that discusses silent heart attacks, explains why people with diabetes have higher risks for

them, and offers practical daily actions to protect the heart.

#### [Open Heart Surgery Recovery Goals: Where You Should Be?](#)

HealthCentral July 2017

Patient-facing article directed specifically to post-operative patients that provides a loose monthly timeline for recovery—with examples of physical and mental health effects—and explains the suggested “1-year” cardiac recovery calendar.

#### [Advances in Heart Medicines: When Diet and Exercise Aren’t Enough](#)

HealthCentral July 2017

Patient-facing article that discusses high blood pressure and cholesterol despite lifestyle changes and explains the variety of medications, both new and old, that treat these conditions in different ways.

#### [ASCO 2017 Educational Book \[editor\]](#)

June 2017

Regular editor and query checker/proofreader for annual publication of peer-reviewed oncology meeting articles and PDF production.

#### [ASCO 2017 through 2019 \*Daily News\* publications \[tech/copy editor\]](#)

Annually in June; periodically each year in October through March for individual meeting support

Regular editor (on print editorial roster) for copy, style, language, and accuracy with the *Daily News* print/online newspaper to highlight ASCO Annual and other clinical meetings for oncology specialists.

#### [Heart Rhythm Problems: Three Surprising Triggers](#)

HealthCentral June 2017

Patient-facing article about arrhythmias: what they are; how food, medicine, and weather affect heart rhythms; and how to identify and manage risks.

#### [Treatment Advances for Patients With Heart Failure](#)

HealthCentral June 2017

Patient-facing article that explains why heart failure develops, how fluids affect heart health, and what types of treatments are available to maintain cardiac function.

#### [After a Heart Attack: Transitioning to Survivorship](#)

HealthCentral June 2017

Patient-facing article that explains basic heart attack facts and treatments and then focuses on physical and emotional hurdles to overcome during a return to routine as a survivor.

#### [How to Stop Bacteria From Ruining Your Summer Meal \[editor\]](#)

Cancer.net June 2017

Substantive edit of an existing patient-facing blog post, with new references, social media links, and additional resources, for patients with cancer to improve accuracy, clarity, and style.

#### [Tools to Turn Around Heart Disease Risk in Women](#)

HealthCentral May 2017

Patient-facing article for women with or at risk for heart disease about easy routine changes that can turn the tide of cardiac death in women.

#### [Advocating for Cardiac Caregivers](#)

HealthCentral May 2017

Patient-facing article for people with heart disease and their loved ones about maintaining physical and mental health while providing around-the-clock care.

### [Spontaneous Coronary Artery Dissection](#)

SCAD Alliance May 2017

Literature review and high-level content development for ACC CardioSmart and NORD Rare Disease Database.

### [What Are the Risks of Heart Valve Surgery?](#)

HealthCentral April 2017

Patient-facing article for people with heart valve disease about three possible complications after repair/replacement surgery and how to identify and lower your own risks.

\*Most popular on April 2018 sidebars

### [Are You Exercising the Wrong Way? 3 Common Mistakes](#)

HealthCentral April 2017

Patient-facing article for people with heart disease about the importance of cool downs, accurate heart rate monitoring, and hydration to prevent overexertion of the heart muscle.

### [Tracking Your Heart Rate: Tools to Use](#)

HealthCentral April 2017

Patient-facing article for people with heart disease about the different options for monitoring heart rate, and how and why to use heart rate monitors.

\*On most-read sidebar for February 2018

### [How to Share Genetic Test Results With Family](#)

Cancer.net March 2017

Patient-facing blog post, with references, social media links, and additional resources, about how and why genetic test results are important to other family members, what should be shared, and to whom to help identify cancer risks.

### [Healing the Physical and Emotional Scars After Heart Surgery](#)

HealthCentral March 2017

Patient-facing article for people with heart disease about basic things to expect during early recovery after heart surgery, with a focus on physical limitations; incision care; and the sometimes-surprising emotional ups and downs after anesthesia, bypass, and surgery, including ways to identify more serious issues of clinical depression or anxiety.

### [Help People With Cancer: Donate Blood and Platelets](#)

Cancer.Net March 2017

Patient-facing blog post, with references, social media links, and additional resources, about why blood and platelets are depleted during cancer or its treatment and how individuals can donate them to help patients with cancer.

### [5 Ways to Improve Your Heart Health From Home](#)

HealthCentral February 2017

Patient-facing article for people with heart disease about how to stay heart healthy with affordable, everyday tools.

### [5 Things I Wish I Knew Before Cardiac Rehab](#)

HealthCentral February 2017

Patient-facing article for people with heart disease about how to get the most out of a phase II cardiac rehabilitation program after a heart surgery, heart attack, or stroke, including tips for scheduling and maintaining exercise routines.

### [Cardiac Rehab: Not As Scary \(Daunting\) As You Think](#)

HealthCentral February 2017

Patient-facing article for people with heart disease about phase II cardiac rehabilitation: what it is, where to find rehab professionals, what it's like, and why it's such an important but often-overlooked aspect of recovery after heart surgery, heart attack, or stroke.

### [Working With a Specialty Pharmacy](#)

**Cancer.net February 2017**

Updated rewrite of an existing patient-facing blog post, with references, social media links, and additional resources, for patients with cancer to improve accuracy, clarity, and style.

**February: It's Not Just About Chocolate Hearts Anymore**

**HealthCentral February 2017**

Patient-facing article for people with heart disease about the importance of National Heart Month, especially to people living with heart conditions, and about ways to get involved in organizations that support heart-healthy habits and positive recovery after cardiac events.

**5 Ways to Improve Your Heart Health From Home**

**HealthCentral February 2017**

Patient-facing article for people with heart disease about small lifestyle changes that can lead to big improvements in blood pressure, cholesterol levels, body weight, and other heart-related health measures.

**When Cancer Leads to Workplace Discrimination**

**Cancer.Net February 2017**

Patient-facing blog post, with references, social media links, and additional resources, about how to lessen, identify, and address discrimination at work because of a shared cancer diagnosis or accommodation needs.

\*Cited in Supporting a Person With Cancer, on Cornell.edu/blogs.

**3 Tips to Finding a New Job After Cancer**

**Cancer.Net December 2016**

Patient-facing blog post, with references, social media links, and additional resources, about how to change to a new job field—for profit or to follow a new calling—after cancer treatment and recovery.

**1 Simple Step to Prevent Flu Complications All Winter**

**Cancer.Net November 2016**

Patient-facing blog post, with references, social media links, and additional resources, about why and how to avoid serious complications of the flu as a high-risk cancer patient or survivor.

**Returning to Work After Cancer**

**Cancer.Net August 2016**

Patient-facing blog post, with references, social media links, and additional resources, about strategies to help patients adjust to a return to work after cancer treatment.

**Counseling Patients on the Use of Pharmacotherapy for Insomnia**

*America's Pharmacist* July 2016

ACPE-certified, case-based continuing education program for pharmacists and technicians to help them support patients in the use of over-the-counter medications for or the need for more intense treatment of insomnia.

**Salem Health: Cancer, 2nd Edition**

**Salem Health/Salem Press & Greyhouse Publishing July 2016**

Contribution of new and updated essays on cancer treatments and research companies geared toward teenaged-to-adult patients, students, and health consumers; authored essays include Panax ginseng, Vorinostat, Trastuzumab, Takeda, and Erlotinib.

**When You Can't Go Back to Work After Treatment Ends**

**Cancer.Net June 2016**

Patient-facing blog post, with references, social media links, and additional resources, about stopping work because of physical or emotional effects of cancer and cancer treatment.

**Cookie Chemistry: Kid-Friendly Creations Without Dairy, Nuts, or Eggs**

E-book platforms (Kindle, Epub)/KDP & Smashwords June 2016

Short recipe collection available on all electronic/e-book platforms (eg, Amazon, iTunes, Overdrive, BN.com, and more) with a baker's dozen of cookie recipes to make in 30 minutes without top US food allergens.

#### [Bakery Bites: Breads and Treats Without Dairy, Eggs, Nuts, Seeds, or Soy](#)

E-book platforms (Kindle, Epub)/KDP & Smashwords June 2016

Short recipe collection available on all electronic/e-book platforms (eg, Amazon, iTunes, Overdrive, BN.com, and more) with breakfast or brunch recipes made without top US food allergens.

#### [Kitchen Adventures With Multiple Food Allergies: A Recipe Collection for Celebrations Without Dairy, Eggs, Peanuts, Tree Nuts, Seeds, or Soy](#)

E-book platforms (Kindle, Epub)/KDP & Smashwords June 2016

Short recipe collection available on all electronic/e-book platforms (eg, Amazon, iTunes, Overdrive, BN.com, and more) with party recipes made without top US food allergens.

#### [Women's Weight Loss Wellness: Effective and Safe Diet Techniques \[renewed and updated\]](#)

*America's Pharmacist* May 2016

Update and re-certification of past ACPE-certified continuing education program for pharmacists and pharmacy technicians about weight fluctuations, balanced nutrition, and fad versus successful diet strategies geared specifically toward women.

#### [In April and Year-Round, a Safe Way to Dispose of Medications](#)

Cancer.Net April 2016

Patient-facing blog post, with references, social media links, and additional resources, about how to dispose of unused medications safely on Take-Back Day or anytime.

#### [\[Review of\] After You Hear It's Cancer: A Guide to Navigating the Difficult Journey Ahead](#)

*AMWA Journal* 2016

Book review published in peer-reviewed national journal for medical communicators; book selection may be by editorial staff or by author request.

#### [Sage Encyclopedia of Stem Cell Research, 2nd Edition](#)

SAGE/Golson Media August 2015

Contributor of health essays on companies, countries, and universities advancing stem cell research and techniques around the globe; authored essays include Cytori Therapeutics, Denmark, the Netherlands, Ottawa Health Research Institute, Parcell Laboratories, and the University of Pierre Marie Curie.

#### [Dehydration in Outpatients: Assessments, Risks, and Treatment Options](#)

*America's Pharmacist* May 2015

ACPE-accredited continuing education program for pharmacists and pharmacy technicians that introduces situation-based risk factors of and outpatient populations consistently at risk for dehydration. Potential lifestyle and medical (eg, oral rehydration solutions) interventions are introduced through case-based examples.

#### [\[Dosing Consultant for\] Merenstein & Gardner's Handbook of Neonatal Intensive Care, 8th Edition](#)

Elsevier Health April 2015

Authors: Sandra Gardner, Brian Carter, Mary Enzman-Hines, Jacinto Hernandez, additional editors and consultants, Nicole Van Hoey

For 8th update of a leading textbook for neonatal nurses and physicians, I was consulted to verify accuracy of all drug information, including dosages and calculations.

#### [Essentials of Patient Communication: Assessments and Tools for Cardiovascular Diseases](#)

*America's Pharmacist* February 2015

Continuing education program for pharmacists and pharmacy technicians that explores reasons for low levels of health understanding by patients with cardiovascular diseases and recommends tools, techniques, and lifestyle modification programs that pharmacy staff can use to improve the health of their patient population in clinics or



through one-on-one interactions.

**Maintaining Symptom Control and Quality of Life for Outpatients with Multiple Sclerosis: Treatment Update**  
*America's Pharmacist* January 2015

Co-authored general disease state review and discussion of new and emerging therapies for MS as a continuing education program for independent pharmacists.

**[Book Review] Dr. Mutter's Marvels: A True Tale of Intrigue and Innovation at the Dawn of Modern Medicine**  
*AMWA Journal* 2015

Book review published in peer-reviewed national journal for medical communicators; book selection by editorial staff replaces prior book awards program.

**Sifting Through Styles**

*AMWA Journal* 2015

Short overview of the history of and different approaches to style from a medical writing perspective, published in the Practical Matters section of a nationally distributed, peer-reviewed journal for medical communicators.

**Opportunities for Smoking Cessation Services in Emerging Models of Care**

*America's Pharmacist* October 2014

Continuing education program for outpatient pharmacists that incorporates wellness programming into ACO possibilities for independent business owners. \*Cited by the Medical Board of California and California State Board of Pharmacy in 2015 as support for permission for pharmacists to provide nicotine replacement product services.

**Complete Care of the HIV-Infected Outpatient: Antiretroviral Advances and Chronic Care**

*America's Pharmacist* August 2014

HIV treatment review and update for outpatient independent pharmacists. Print monograph includes case-based assessment program.

**Attention Deficit/Hyperactivity Disorder: Case-Based Therapeutic Update**

*America's Pharmacist* June 2014

Co-authored continuing education program for pharmacists and pharmacy technicians to introduce new treatment options into knowledge of standard outpatient care for ADHD in children and adults.

**5K Kicks Off Springtime in Fairlington**

All-Fairlington Bulletin April 2014

Feature article in monthly neighborhood newsletter about a 5K fundraising initiative to support a local child with a rare leukodystrophy.

**Pharmacist Immunization Update: Advances in Vaccine Recommendations and Regulations**

*America's Pharmacist* August 2013

2-credit continuing education program for pharmacists with updates in community-administered vaccines, practical considerations for establishing a vaccine clinic, and regulatory resources to guide storage and patient care.

**Opioid-Based Anesthesia: Opportunities in Perioperative Patient Management**

Wellness Partners, LLC/Practitioner's Edge May 2013

Revision and final-draft author of physician-directed CME monograph on advances in opioid anesthetic applications.

**The 2000s in America**

Salem Press May 2013

Contributor of health topics to the first edition of the 2000s encyclopedia of the Salem Press Decades series of references for high school--or-higher students and readers; authored essays are Concussions in sports, Electronic health records, Food allergies, Low-carb diets, Obesity, Vaccinations.

**New Considerations in the Selection of Therapies to Treat Allergic Rhinitis and Asthma**



### Wellness Partners/Integrity/Practitioner's Edge February 2013

Needs assessment and education program outlined, researched, and developed for physician-gear'd webinar class.

### [Diabetic Foot: Addressing Problems Seen in the Pharmacy Clinic](#)

*America's Pharmacist* November 2012

Continuing education program for independent and clinic-based pharmacists that distinguishes the identification and guideline-based care of foot complications, including neuropathy assessment, wound care, and infection care.

### The Changing Landscape of Osteoporosis Care: Revisiting Optimal Bisphosphonate Treatment Options

Wellness Partners/FreeCE.com October 2012

Treatment update for osteoporosis care provided as a split recorded/live continuing education webinar for pharmacists, with a quiz and live Q&A session at the end of each program.

### [Salem Health: Addictions and Substance Abuse](#)

Salem Health/EBSCO October 2012

Primary contributing author for new encyclopedia of 21st-century addiction and abuse health issues, including coverage of substances of abuse, organizations to support patients in need, and contemporary public health statistics or trends. Compiler of the glossary of slang addiction terms and the appendix of substances of abuse for the entire reference. Authored essays are Caffeine, Cocaine anonymous, Closing the addiction treatment gap (CATG), Newborn addicts, Overdose, Recovery, Residential treatment, Sober living environments, Hallucinogens: short- and long-term effects on the body, Stress and smoking, Sponsors, Drugged Driving, Government warnings, and Trends and Statistics on illegal drugs.

### [Women's Weight Loss Wellness: Effective and Safe Diet Techniques](#)

*America's Pharmacist* September 2012

Continuing education program for pharmacists and technicians that describes reasons for weight changes, fad diet popularity and macronutrient imbalances, and guided wellness strategies specifically for women concerned about weight gain.

### [Psoriasis Drug Pipeline \(Drugs in Development\), 2012](#)

*Psoriasis Advance*/National Psoriasis Foundation August 2012

Reviewed and updated the existing online consumer health information page about advances in drug development for psoriatic diseases; URL and content continually updated thereafter by National Psoriasis Foundation in-house staff.

### [Psoriasis Drug Pipeline Glossary of Terms](#)

*Psoriasis Advance*/National Psoriasis Foundation August 2012

Physician-reviewed, evergreen, online consumer health literacy effort geared toward patients with psoriasis.

### [Safety Measures for Prescription Labeling: 21st Century Best Practices](#)

Wellness Partners/FreeCE.com April 2012

Continuing education monograph for pharmacists and nurses that reviews poor patient literacy as a barrier to safe medication use as well as provides research-backed methods to improve label clarity for optimal care.

### [Salem Health: Complementary and Alternative Medicine](#)

Salem Health/Salem Press March 2012

Contribution of essays about a variety of herbal and natural remedies for common health problems (authored essays include, eg, St John wort, Ginseng) geared toward teenaged through adult consumers.

### [Combination Antiretroviral Treatment Options: The Advent of Fixed-Dose Regimen Simplification](#)

Wellness Partners/FreeCE.com March 2012

A broad, 2-credit PharmaCE review of antiretroviral treatment options with a focus on fixed-dose combinations that increase adherence and encourage regimen simplification; includes quiz and case study.

### Care and Treatment of Ambulatory Patients With Diabetes: Evidence-Based Team Care Initiatives

*America's Pharmacist* January 2012

PharmaCE program that approaches type 2 diabetes as a modifiable health care crisis and addresses professional credentialing and requirements for providing accessible and effective collaborative care.

### Treating Health Conditions During Pregnancy: Safety of Nonprescription Agents for Upper Respiratory and Gastric Complaints

Wellness Partners/FreeCE.com January 2012

Case-based continuing education program describing safe over-the-counter treatment options for common complaints (eg, reflux, allergies) during pregnancy.

### Targeting the Immune System to Find Better Psoriasis Treatments

*Psoriasis Advance* 2012

Consumer-facing news report in the Research Matters section of a patient magazine about psoriatic diseases, including interviews with researchers from around the globe; updated (and URL redirected) in 2015.

[Editorial] Resident Education: Responses and Lessons From the 2011 National Psoriasis Foundation Annual Residents Meeting

*National Psoriasis Forum Journal*/National Psoriasis Foundation 2012

Co-authored editorial contribution to peer-reviewed quarterly journal (Summer issue, vol 18, no. 2) for health professional members of the National Psoriasis Foundation.

### Osteoporosis Update: Adding New Tools and Treatments to Disease Management

Wellness Partners/FreeCE.com November 2011

Pharmacist and nurse continuing education monograph that describes the bone remodeling imbalance of osteoporosis and osteopenia, addresses recent concerns about standard bisphosphonate drug therapy for osteoporosis, and provides alternative treatment options for select patient populations.

### New Treatment Considerations for Type 2 Diabetes Mellitus

Wellness Partners/FreeCE.com November 2011

Case-based continuing education program for pharmacists and nurses that explores newer treatment options (eg, GLP agonists) and reviews standard medical and lifestyle considerations of type 2 diabetes mellitus.

### Nutrition and Pelvic Health for Women: Pharmacy Contributions to Wellness

*America's Pharmacist* November 2011

PharmaCE trade continuing education publication that introduces pharmacists to multivitamin considerations for women during and after pregnancy as well as to ongoing treatment of pelvic health issues as women age.

### Salem Health: Infectious Diseases and Conditions

Salem Health/Salem Press November 2011

Contribution of essays about infectious diseases treatments and resistance; authored essays are Aminoglycoside antibiotics, Triazole antifungals, Maturation inhibitors, Antibiotics: mechanisms of action, and Antibiotic resistance; Antibiotic resistance essay was an evergreen featured textbook sample, Salem Press online.

### Autoimmune Disease Control: New Treatments for Old Problems

Wellness Partners/FreeCE.com September 2011

Allied health professional continuing education program (monograph, case, and quiz) that features recently approved medications for autoimmune disorders, including Benlysta for lupus.

### Long-Term Care Pharmacy Considerations for Business and Clinical Practice

*America's Pharmacist* August 2011

ACPE-accredited continuing education monograph with case and quiz. Topics covered for 21st century care include medication disposal compliance and psychotropic treatment options.

### [Vitamin D Benefits for Bones and Beyond: New Dosage Recommendations and Potential Uses](#)

Wellness Partners/FreeCE.com July 2011

PharmaCE program on new Institute of Medicine guidelines for vitamin D requirements and possible treatment options.

### [Pharmacy Immunizations: Considerations for Establishing a Year-Round Vaccine Clinic](#)

*America's Pharmacist* March 2011

PharmaCE program for pharmacists establishing a seasonal, travel-based, or age-related public health vaccine program.

### [Magill's Medical Guide, 6th Edition \[since updated to 7th Edition in 2015\]](#)

Salem Health/Salem Press January 2010

Medical essay contributor (Gluten intolerance other than celiac disease and Local anesthesia articles) to the 2010 update of Magill's Medical Guide, an encyclopedia for college-age and older lay audiences and students.

### [Glossary of HIV/AIDS-Related Terms \(ed 6\) \[\\[example of latest edition\\]\]\(#\)](#)

National Institutes of Health, AIDSinfo December 2008

Multi-edition co-author, editor, style/user manual developer/writer, entry system designer/beta tester: comprehensive glossary and resource guide on HIV/AIDS disease, treatments, prevention, and global health implications for health professionals and educated consumers.

### [Salem Health: Cancer](#)

Salem Health/Salem Press November 2008

Contributor to first/revised editions of essays about cancer types, treatments, and side effects geared toward teenaged-to-adult patients, students, and health consumers; authored essays include Mistletoe, Panax ginseng, Radiation oncology, and Bisphosphonates; Radiation oncology essay was a featured sample while the encyclopedia was featured on the Salem Press online storefront.

### [Implementing Systems Change to Improve Women's Health Care: National Community Centers of Excellence](#)

Department of Health and Human Services, Office on Women's Health July 2008

Co-authored literature review of best practices for diverse women's health provision and the goals, steps, and challenges to systems change.

### [Guidelines for the Use of Antiretroviral Agents in HIV-1-Infected Adults and Adolescents \[editor\]](#)

Developed by the DHHS Panel on Antiretroviral Guidelines for Adults and Adolescents – A Working Group of the Office of AIDS Research Advisory Council (OARAC)/Released by AIDSInfo.gov December 1, 2007

Representative Guideline release during my tenure as editor with *AIDSInfo.gov*.

### [Effect of Cyclobenzaprine on Tricyclic Antidepressant Assays](#)

*Annals of Pharmacotherapy*/Harvey Whitney Books July 2005

Medline-listed drug information report on the confounding of TCA assays by cyclobenzaprine, with a case study and literature review; cited in toxicology and related journals through 2015.

### [\[Book Review\] Pharmaceutical Chemistry: Therapeutic Aspects of Biomacromolecules \(by Christine Bladon\).](#)

*Annals of Pharmacotherapy* 2002 Oct;36(10):1655-1656

### [Pharmaceutical Calculations: A Basic Review](#)

Journal of Pharmacy Technology/Harvey Whitney Books September 2002

Continuing education program specifically for pharmacy technicians/tech trainees that introduces mathematical dosage and compounding concepts for common outpatient pharmacy scenarios.